

# UCLA

# Recreation

## Adaptive Cycling Summer 2008

Individuals who have spina bifida, have a visual impairment, an amputation, spinal cord injury, or who have a neurological disability such as cerebral palsy can participate in and benefit from adaptive cycling programs.



### BEGINNING CYCLING on the UCLA Campus

Meet at the main entrance of John  
Wooden Center

**\$10 per ride**

**Tuesday, July 15 2-4pm**

- No experience necessary
- Learn hand cycling techniques
- Cycling safety orientation
- Ride on a tandem-recumbent cycle with a pilot

### ADVANCED CYCLING in Marina del Rey

Meet at lot 52 on Fiji Way

**\$15 per ride**

**Saturday, June 28, 10 AM-12 PM**

**Saturday, July 2, 10 AM-12 PM**

**Saturday, July 12, 10 AM-12 PM**

**Saturday, August 2, 10 AM-12 PM**

- Challenge yourself with mileage
- Increase your distance
- Ride with a group of other cyclists

If you have questions in regards to your ability level, please call us.

Space is limited. For reservations and more information,  
contact Jamie Hoffman at (310) 825-1059 or [jhoffman@recreation.ucla.edu](mailto:jhoffman@recreation.ucla.edu).



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