

UCLA

Recreation

UCLA Adaptive Recreation Program proudly hosts

Paddle Peddle

Saturday, August 23rd

8:00 AM – 12:00 PM

Located at the UCLA Marina Aquatic Center

14001 Fiji Way, Marina del Rey, CA 90292

(310) 823-0048



Paddle a kayak in Marina del Rey and peddle your bike down the bike path along the beach south of the marina.

This is a special event where participants of all abilities are welcome to come down to the MAC to enjoy a morning of fun! Family and friends are encouraged to participate. Adaptive hand-cycles and tandem bikes are available for participants with spinabifida, visual impairment, an amputation, spinal cord injury, or who have a neurological disability such as cerebral palsy.

Cycling equipment is limited so please let us know what your needs will be. Bring the family and your own cycle and enjoy the ride. Helmets are required for all riders and will be provided to those who utilize UCLA Adaptive cycling equipment.

Bring a change of clothes for the ride as you will get wet when we kayak.

Bring a sack lunch for after the ride and enjoy the scenery at the MAC.



www.recreation.ucla.edu/adaptiverec 

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CYCLING

Challenge yourself with mileage
Ride with a group of other cyclists



KAYAKING

Water safety orientation and introduction to equipment
Learn basic paddling skills



\$25.00 + \$10 if you are using UCLA Adaptive cycling equipment
Drinks & snacks provided

Participants must be at least six years of age.
Pre-registration is mandatory.
Sign-up online at www.recreation.ucla.edu/adaptiverec

Contact Jamie Hoffman for more
information or
individual accommodations.
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