



**USQRA / BlazeSports Clubs of America
Wheelchair Rugby Clinic
Northridge, CA**

What to Expect: Instruction will be done by USA National Rugby Team Coaches and Elite High Performance athletes. You will learn advanced skills and game strategies. This will be taught by Coach T. Gumbert (head coach of USA team), D. McCauley and E. Crouch. Kelli Kaliszewski will be teaching the officials.

This clinic is geared for advanced athletes and coaches wanting to learn the game to reach more advanced levels. The clinic is also for beginning officials wanting to learn the game.

Clinic Dates: October 20-22, 2006

Clinic Location: 18111 Nordhoff St., Northridge, California 91330
Directions from the hotel to the gym:
From the parking lot take a left onto Londelius street. Make a left onto Tampa and then a right onto Nordhoff. For parking lot ADA E6 (small but a lot of accessible spaces) take a left onto Lindley Avenue which turns into East University Drive. This is a main entrance for CSUN. Follow this street to the last stop sign and the parking lot will be directly in front of you. The Activity Center (gyms for the clinic) is in Redwood Hall which is the large building on the right before the parking lot. Go into the main entrance (not the Brown Center entrance) turn left and then a right and follow hallway through glass doors and make a right. The Activity Center is on the left. For parking lot G4 (large parking lot with numerous accessible spaces) follow Nordhoff and take a left onto Zelzah. Make left into parking lot G4. Redwood Hall is the large building to the right. Go into main entrance and the Activity Center will be to your immediate right. Please refer to CSUN map that is included for help. You will need to buy a \$4.00 all day pass each day to park at CSUN. These passes can be purchased at the main entrance off of Lindley or at yellow machines in the parking lots. They will ticket any car without a pass.

Lodging: Extended Stay Hotels America
19325 Londelius Street
Northridge, CA 91325
Phone # 818-734-1787
The hotel is located 2 miles from the CSUN campus. There are a set of blocked rooms for \$80.00 per night. Reserve your room under

Wheelchair Clinic and you will get the special rate. Make your reservations ASAP. All of the rooms have a kitchen, bedroom and a standard door to the bathroom.

Brief Clinic Schedule:

Friday:	12:00 pm -3:00 pm
Saturday:	9:00 am – 5:00 pm
Sunday:	9:00 am – 1:00 pm

Registration:

The registration form is on-line and should be sent to Michael DeYoung, 22146 Tulsa Street, Chatsworth, CA 91311. The fee is \$50.00 per person. This includes the instruction, breakfast on Saturday and Sunday as well as Lunch on Saturday. Please send registration form and fees by October 16th. You will sign in outside the Activity Center on Friday between 11:45am and 12:15pm. Make checks payable to the Northridge Hospital Medical Center Foundation and write Quad Rugby Clinic in the memo.

Airport:

Burbank Airport is the closest airport to the venue. The Los Angeles International Airport is another option, but about 45 minutes farther to the gym and hotel. There will be no transportation provided for this event. You can contact either airport for vehicle rental information.

Who can attend:

Athletes with mobility impairment in at least three of their extremities. Athletes must be able to propel a manual chair and cognitively follow directions. Example of eligible disabilities: Quadriplegics (SCI), Polio, Guillian Barre Syndrome, Mild Cerebral Palsy, triple to quad amputees, SCI with brachial plexus injury, etc...

Coaches who are interested in learning basic skills, strategies, and coaching techniques for the game of wheelchair rugby.

Officiating is for persons interested in becoming certified to officiate the game. Officials must have experience with court sports and be of a stern personality.

Recommended Equipment:

Rugby Specific Chair (limited supply will be available)
Gloves (ex. Batting, Football receiver, green gardening)
Waist strap (weight type belt or hip strap if you have full trunk)
Leg Straps (smaller straps to secure legs to the chair frame)
Apparel: Athletic Apparel (no jeans) and closed toe shoes
Other: Water Bottle and spray bottle (if trouble with overheating)

Contact Information: Mike DeYoung 818 269 2272, mtnsurfer5@aol.com